

Standardized Full Spectrum Extracts for Medicinal / Nutraceutical Use:		
Botanical Name	Common	Use/Activity
Part/Used	name	
Abies webbiana leaf	Talispatra	Carminative, Expectorant
Abroma augusta root	Ulatkambal	Uterine tonic
Abrus precatorius seed	Gunja	Abortifacient
Abutilon indicum seed	Kankati	Aphrodisiac
Acacia arabica bark	Babul	Astringent
Acacia catechu Bark	Catechu	Astringent
Acacia concinna pod	Shikakai	Detergent
Achyranthes aspera plant	Apamarga	Alterative, Diuretic
Aconitum heterophyllum plant	Atis	Antiperiodic Aphrodisiac
Aconitum spp. root	Bachnag	Antipyretic
Acorus calamus shizome	Bach	Antispasmodic
Adhatoda vasica leaf	Adulsa	Expectorant
Aegle marmelos leaf	Bael	Anti-diabetic
Aegle marmelos unripe fruit	Bael	Haemostatic Anti-dysentery
Albizzia lebbeck bark	Siris	Anti-inflammatory
Allium sativum bulb	Garlic	Antilipemic Anticholesteremic Antirheumatic
Aloe vera leaf	Ghrita kumari	Purgative
Aloe Vera 200X		Anticancer
Alpinia galanga rhizome	Khulanjan	In bronchial catarrhal
Alstonia scholaris bark	Saptaparna	Alterative, Stimulant
Anacyclus pyrethrum flower	Akarkara	Stimulant, Sialogogue
Andrographis paniculata plant	Kalmegh	Hepatoprotectant, Anti viral
Anethum sowa seed	Suwa	Carminative
Aphanamixis rohituka bark	Rohitika	Astringent
Apium graveolens seed	Ajmod	Carminative
Argyreia speciosa root	Samudra palak	Alterative, Tonic
Asparagus adscendens root	Safed musli	Tonic, Galactogogue
Asparagus racemosus root	Shatavari	Galactogogue, Aphrodisiac
Asphaltum	Shilajit	Detoxificant
Asteracantha longifolia herb	Kuliakhara	Antirheumatic
Atropa belladonna leaf	Angurshefa	Antispasmodic, Sedative

Atropa belladonna root	Angurshefa	Antispasmodic, Sedative
Azadirachta indica bark	Neem	Astringent
Bacopa monnieri herb	Nir brahmi	Memory stimulant
Barleria prionitis herb	Vajradanti	In Glandular swelling, Toothache
Bauhinia variegata bark	Kachnar	Alterative, Tonic
Berberis aristata root	Daru haridra	Emmenagogue, Cholagogue
Bergenia ligulata root	Pashanbheda	In urinary calculi
Boerhaavia diffusa root	Punarnava	Diuretic
Butea frondosa flower	Palas	Astringent
Caesalpinia bonducella nut	Fevernut	Antipyretic
Calotropis gigantea root	Ak	Emetic, Antiperiodic
Camelia sinensis leaf	Green Tea	Anti oxidant
Capparis spinosa root	Kabra	Analgesic, Antirheumatic
Capsicum spp. fruit	Lalmirch	Antirheumatic
Cassia augustifolia leaf	Senna	Laxative
Cassia augustifolia pod	Senna	Laxative
Cassia fistula fruit	Amaltas	Laxative
Cassia occidentalis fruit	Kasondi	Purgative
Cedrus deodara wood	Deodar	Antirheumatic
Celastrus paniculatus seed	Malkangni	Antirheumatic
Centella asiatica herb	Mandukaparni	Leprostatic, Memory tonic
Cephaelis ipecacuanha root	Ipecac	Emetic
Cephalandra indica leaf	Bimba	Antidiabetic
Cicer arietinum seed	Chana	Nutritive
Cichorium intybus seed	Kasni	In enlarged spleen
Cinchona ledgeriana bark	Cinchona	Antimalarial
Cissus quadrangularis stem	Hadjora	Bone healing
Citrullus colocynthis fruit	Indrayan	Purgative
Citrullus colocynthis root	Indrayan	Purgative Antirheumatic
Citrus aurantium peel	Common orange	Anti-oxidant
Citrus medica peel	Bijaura/Citron	Anti-scurvy
Colchicum luteum corms	Suranjane	For gout
Coleus forskohlii root	Coleus	cAMP stimulator, Hypotensive
Commiphora mukul gum	Guggul	Antiarthritic, Antilipemic, Anticholesteremic
Commiphora myrrha gum	Myrrh	Mouth wash Astringent
Coriandrum sativum seed	Dhania	Carminative

Crataeva nurvala bark	Varuna	Lithotriptic
Cucumis sativus seed	Khira	Diuretic
Cuminum cyminum fruit	Zeera	Carminative, Stimulant
Curcuma amada rhizome	Amba haldi	Carminative, Stomachic
Curcuma longa rhizome	Turmeric	Anti-inflammatory
Curculigo orchiooides root	Kali musli	Tonic
Cynodon dactylon herb	Dhub	Astringent
Cyperus scariosus root	Nagarmotha	Intestinal disorders
DGL	Liquorice	Anti-ulcer, Antacid
Dashmool	Combination	Antirheumatic
Datura stramonium leaf	Dhattura	Antispasmodic
Daucus carota seed	Carrot	Abortifacient
Dolichos biflorus seed	Kulthi	Diuretic
Eclipta alba plant	Bhringaraj	Anti-hepatotoxic
Embelica ribes seed	Vidanga	Anthelmintic
Embelica officinalis fruit	Amla	Anti-oxidant, Tonic
Enicostemma littorale herb	Mamijava	Bitter tonic, Laxative
Ephedra vulgaris herb	Somlata	Stimulant
Eugenia jambulana seed	Jamun	Anti-diabetic
Euphorbia hirta herb	Dudhi	Antispasmodic
Evolvulus alsinoides plant	Sankhapushpi	Memory tonic
Ferula foetida resin	Hing	Carminative, Stimulant
Ficus racemosa leaf	Gular	Astringent
Ficus racemosa bark	Gular	Astringent
Foeniculum vulgare fruit	Saunf	Carminative
Fumaria officinalis herb	Pit papara	Diuretic, Anthelmintic
Garcinia cambogia rind	Vilayti imli	Antiobesity
Glycyrrhiza glabra root	Jati Madh	Expectorant, Diuretic
Gossypium herbaceum root	Kapas/Cotton	Emmenagogue, Galactagogue
Gymnema sylvestre leaf	Gudmar	Antidiabetic, Diuretic
Hemidesmus indicus root	Anantmul	Diaphoretic, Demulcent
Holarrhena antidysenterica	Indrajav	Antidysenteric,

seed		Febrifuge
Holarrhena antidysenterica	Kurchi	Antidysenteric,
bark		Anthelmintic
Hydrastis Indian root	Golden seal	Emmenagogue
Hyoscyamus niger herb	Khorasani	Antispasmodic,
	ajowan	Sedative
Hypericum perforatum herb	St. John's Wort	Anti-depressant
Indigofera tinctoria plant	Neel	Antiseptic,
		Astringent
Inula racemosa root	Pushkarmool	Antirheumatic, In
		chronic bronchitis
Juglans regia bark	Akhrot	Astringent,
		Antiseptic,
Lawsonia alba leaf	Henna	Astringent,
		Anti-inflammatory
Leptadenia reticulata herb	Jivanti	Spermatogenic,
		Galactagogue
Lobelia nicotiaefolia leaf	Lobelia	Antispasmodic
Mangifera indica bark	Mango/Amra	Astringent
Matricaria chamomilla flower	Chamomile	Antiseptic
Mentha spicata herb	Pudina	Carminative,
		Stimulant
Mesua ferrea fruit & flower bud	Nagkesar	Astringent,
		Carminative
Mimusops elengi bark	Bakul	Astringent
Memordica charantia fruit	Karela	Anti-diabetic
Morinda citrifolia fruit	Noni	Stimulant
Moringa oleifera bark	Soanjina	Emmenagogue,
		Abortifacient
Moringa oleifera leaf	Soanjina	Anti-inflammatory
Mucuna pruriens seed	Kawanch	Antiparkinsonian
Myrica nagi bark	Kaiphali	Astringent,
		Carminative
Myristica fragrans fruit	Jaiphali	Stimulant,
		Carminative
Nardostachys jatamansi root	Jatamansi	Sedative
Nelumbo nucifera seed	Kamala	Stimulant
Nigella sativa seed	Kalonji	Anthelmintic,
		Carminative
Nyctanthes arbor-tristis leaf	Harsinghar	Antirheumatic,
		Anthelmintic
Ocimum basilicum leaf	Sweet basil	Stimulant,
		Aphrodisiac
Ocimum sanctum herb/leaf	Holy basil/Tulsi	Stimulant,
		Immunomodulator
Oldenlandia corymbosa plant	Khet papra	Liver tonic,
		Febrifuge
Onosma echioides root	Ratanjot	In skin eruptions
Operculina turpethum root	Nisoth	Purgative
Opuntia dillenii herb	Vidara	Antispasmodic
Orchis mascula tuber	Salep misri	Aphrodisiac,

		Tonic
Phyllanthus niruri herb	Bhui amla	Anti-hepatotoxic
Picrorhiza kurroa root	Kutki	Anti-hepatotoxic,
		Tonic
Piper cubeba fruit	Kabab chini	Stimulant,
		Carminative
Piper longum fruit	Pippali	Carminative,
		Stimulant
Piper nigrum fruit	Kalimirch	Carminative,
		Antiperiodic
Pistacia integerrima gall	Kakrashingi	In bronchitis
Plumbago indica root	Chitrakmool	In skin diseases
Polygala chinensis root	Senaga Indian	Antipyretic,
		Dizziness
Pongamia glabra seed	Karanj	Skin disease
Prunus serotina bark	Wild cherry	Astringent
Psoralea corylifolia seed	Babchi	Antipsoriatic
Pterocarpus marsupium wood	Bijasar	Anti-diabetic
Pterocarpus santalinus bark	Red sandalwood	Astringent,
		Antidiarrheal
Pueraria tuberosa root	Bidarikand	Demulcent,
		Tonic
Punica granatum rind	Anar	Antioxidant
Punica granatum Seed	Anar	Estrogen regulator
Putranjiva roxburghii berry	Putranjiva	Antipyretic
Pyrus malus fruit	Apple	Nutritive, Natural
		source of Iron
Quercus infectoria gall	Majuphal	Astringent
Randia dumetorum fruit	Mainphal	Antioxidant,
		Liver protectant
Rauwolfia serpentina root	Sarpagandha	Hypotensive
Rheum emodi root	Rhubarb	Blood purifier,
		Liver protectant
Ricinus communis leaf	Arand	In jaundice
		Anti-inflammatory
Ricinus communis root	Arand	Purgative
Rubia cordifolia root	Manjistha	In skin disease
Salacia reticulata root	Koranti	Antirheumatic,
		In skin disease
Santalum album wood	Sandal wood	Coolant,
		Antibacterial
Sapindus trifoliatus fruit cortex	Ritha	Detergent
Saraca indica bark	Ashoka	Urinary tonic
Saussurea lappa root	Kuth	Antispasmodic,
		Carminative
Semecarpus anacardium kernel	Godambi	Antiseptic
Sida cordifolia root	Bala	Stimulant
Solanum nigrum berry	Makoi	Expectorant,

		Liver tonic
Solanum xanthocarpum plant	Kantkari	Expectorant, Tonic
Spinacia oleracea leaf	Spinach	Antioxidant
Stychnos nux vomica seed	Kuchla	Tonic, Aphrodisiac
Swertia chirata plant	Chireta	Anti-diabetic
Symplocos racemosa bark	Lodhra	Urinary tonic
Taraxacum officinale herb	Kanphul	Hepatic stimulant
Tecomella undulata bark	Rohu	Astringent
Tephrosia purpurea plant	Sarphunkha	Antioxidant
Terminalia arjuna bark	Arjuna	Cardio vascular support,
		Antiarrhythmic
Terminalia belerica fruit	Baheda	Detoxificant
Terminalia chebula root	Harir	Detoxificant
Tinospora cardifolia root	Guduchi	Febrifuge
Trachyspermum ammi fruit	Ajowan	Carminative
Tribulus terrestris fruit	Gokhru	Spermatogenic, Ovagenesis stimulator
Trichosanthes dioica leaf	Patol patra	Anti-diabetic
Trigonella foenumgraecum seed	Methi	Antilipemic
Trikatu	Combination	Increases bio availability of drugs
Triphala	Combination	Detoxificant
Triticum sativum bran	Wheat bran	Nutritive
Triticum sativum germ	Wheat germ	For skin diseases
Tylophora indica leaf	Anantmul	Anti-asthmatic
Urginea indica bulb	Indian Scilla	Cardiac stimulant, Diuretic
Valeriana wallichii root	Tagar	Sedative
Viburnum spp. bark	Narvel	Uterine tonic
		Emmenagogue
Viola odorata flower/leaf	Gul banafsha	Astringent, Diaphoretic
Vitex negundo leaf	Nirgundi	Vermifuge
		Antirheumatic
Vitis vinifera fruit/seed	Draksha	Antioxidant
Wedelia calendulacea herb	Bhangra	Liver tonic
Withania somnifera root	Ashwagandha	Immunomodulator
		Antioxidant
Woodfordia floribunda flower	Dhai-phul	For leukorrhea
Zingiber officinale rhizome	Ginger	Antiarthritic, Antinauseant