

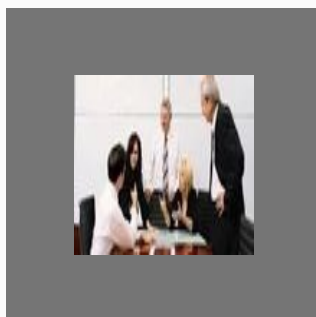
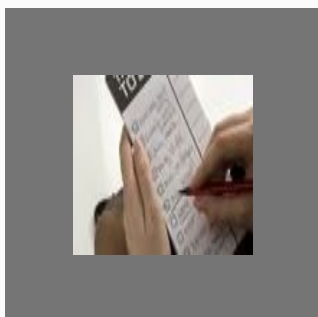
+91-8069017074

# Mind Spa

<https://www.indiamart.com/mind-spa/>

MIND Spa (India) is a Pune based Corporate Training and Event Management Company launched by Mr. Narendra Bhandari and Ms. Vandanaa Neginhal. This team comes with over a decade of experience in Soft Skill training and Event Management.

Our ...



## About Us

MIND Spa (India) is a Pune based Corporate Training and Event Management Company launched by Mr. Narendra Bhandari and Ms. Vandanaa Neginhal. This team comes with over a decade of experience in Soft Skill training and Event Management. Our training specialities can be summarised briefly as follows -

- We offer CUSTOMISED training programs based on extensive Training Need Analysis of the employees to be trained.
- The training empowers them with skills that help them develop a stronger base of knowledge on topics that affect their PROFESSIONAL and PERSONAL lives.
- We conduct MULTI FACULTY training programs that eliminate the monotony of learning from a single trainer as well as bring varied experience of many learned faculty members for enrichment of participants.
- Our choice of training techniques and faculty is INNOVATIVE based on our belief that learning is EFFECTIVE only if it touches the lives and hearts of participants.
- FOLLOW UP session is a part of our offering to monitor the effectiveness of the program.

**For more information, please visit**

<https://www.indiamart.com/mind-spa/aboutus.html>



# PUBLIC SPEAKING SKILLS



Planning - Opening

10 Tips for Designing  
Presentations That Don't Suck  
Don't you just hate these pre-built  
templates?

Presentation Designing



Planning - Body



Planning - Closing

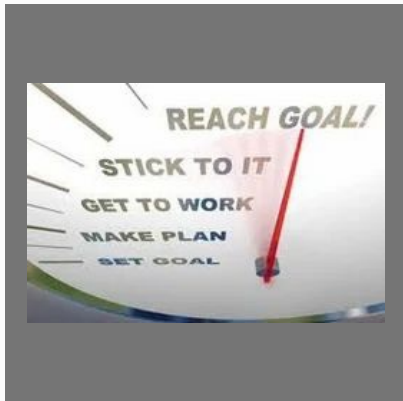
# TEAM BUILDING



Resolving Team Conflicts



Team Effectiveness Assessment



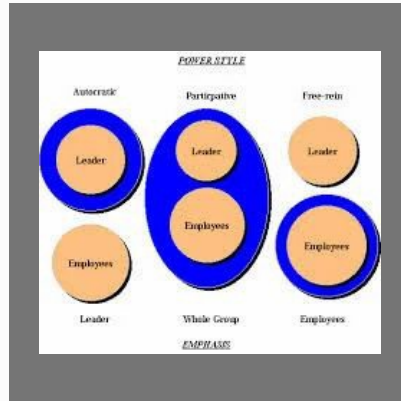
Setting Team Goals



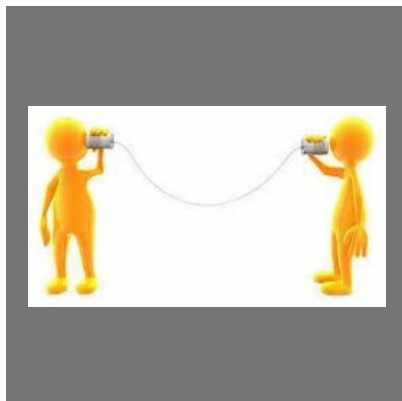
Outbound Learning Game



Personal Dynamics



Leadership Styles

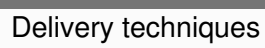
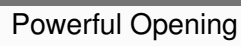


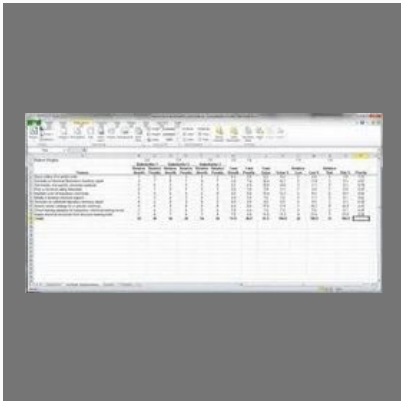
Communication



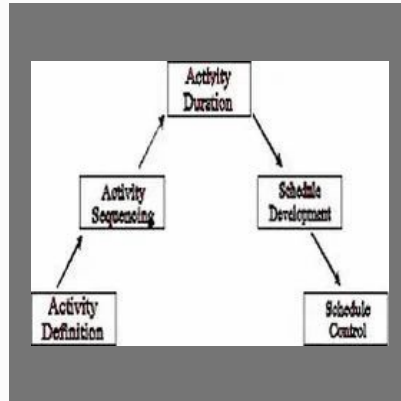
Delegation

## Products & Services

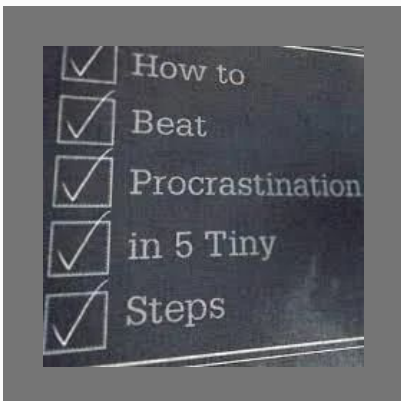




Prioritization Tools

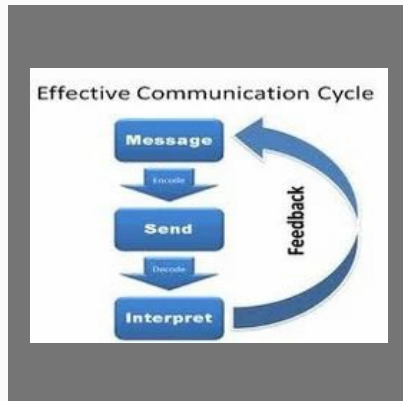


Defining Time Management

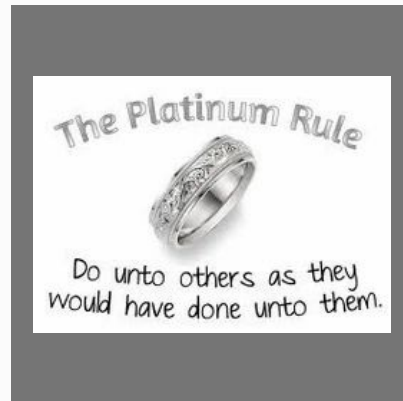


Beating Procrastination

# EFFECTIVE COMMUNICATION SKILLS



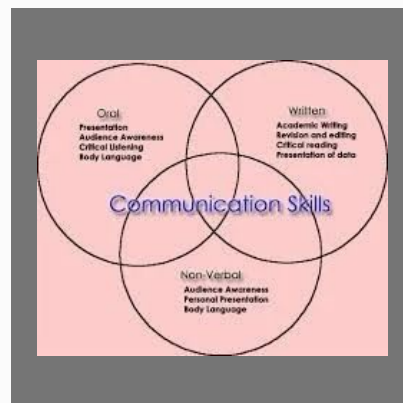
Effective Communication



The Platinum Rule



Successful Communication



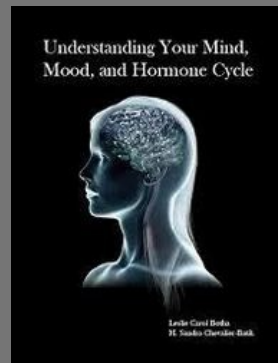
Basics Of Successful Communication



## STRESS MANAGEMENT PACKAGE



Value of Human Mind And Body



Understand Your Mind



Healthy Mind



Designing Your Personal



Courtesy To Colleagues



Dressing



Greetings And Introductions



Telephone Etiquette

# Factsheet

Nature of Business

:Service Provider

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## CONTACT US

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