



+91-8069728304

Universal Yoga Group

<https://www.indiamart.com/universal-yoga-group/>

Universal Yoga Group was set up in the year 2005 as an organization to popularize Yoga, provide scientific Yoga training and therapy, train Yoga teachers and bring the benefits of Yoga as a tool of wellness to the people.

Yoga is a vast ...



About Us

Universal Yoga Group was set up in the year 2005 as an organization to popularize Yoga, provide scientific Yoga training and therapy, train Yoga teachers and bring the benefits of Yoga as a tool of wellness to the people. Yoga is a vast subject. Our vision is to provide training in scientific and systematic Yogic techniques culled from ancient and original Vedic texts and oral traditions handed down from Yogic saints through "Guru-Shishya Parampara" to bring the health and wellness benefits to the people. We create awareness about Yoga and its benefits. We provide need-based customized packages with varied contents and durations.

For more information, please visit

<https://www.indiamart.com/universal-yoga-group/aboutus.html>





Yoga For Ladies



Yoga Classes



Yoga For Weight Loss



Yoga Therapy

CORPORATE YOGA



Students And Teachers Yoga Training



NGO Yoga Training



Individuals And Group Yoga



Managers/ Staff Of Corporate House Yoga



Breathing Exercises



Warming & Toning Up



Surya Namaskar



Asana For Increasing The Lungs

OTHER SERVICES:



Yoga For Spine



Yoga Training



Asana For Strengthening
Spine & Shoulder



14-Minutes Yoga

Factsheet

Nature of Business

:Service Provider



CONTACT US

Universal Yoga Group

Contact Person: Managr

G-14, Green Park Main,
Delhi - 110016, India



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