

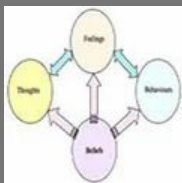


+91-8048250166

# NGO

<https://www.indiamart.com/aavishkar-centre/>

A brain child of Dr. Nirmala S. Rao, Aavishkar was established as a Psychiatric Clinic in 1993 with the aim of reaching out to the emotionally disturbed. A comprehensive approach to mental health with an emphasis on counselling, psychotherapy and ...



## About Us

A brain child of Dr. Nirmala S. Rao, Aavishkar was established as a Psychiatric Clinic in 1993 with the aim of reaching out to the emotionally disturbed. A comprehensive approach to mental health with an emphasis on counselling, psychotherapy and understanding the person gave Aavishkar its distinctive image.

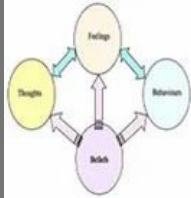
In the course of her extensive work with patients, Dr. Rao realized that most problems resulting in psychiatric emergencies could have been prevented if dealt with in the initial stage. Creating awareness among the general public about mental health and well-being became Aavishkar's motto and it evolved into to Aavishkar Centre For Self Enrichment.

Dr. Rao has always believed in UTOPIA - an ideal society. It has been her endeavour to inspire and enthuse one and all to strive to achieve this. Driven by this compelling vision and an undeterred idealism, Dr. Rao has truly walked the talk.

**For more information, please visit**

<https://www.indiamart.com/aavishkar-centre/aboutus.html>





Psychodynamics



Transactional Analysis



Gestalt Therapy



Art Therapy



Project Management



Building Cohesive Teams



Individual Capability Building  
Programmes

## OTHER SERVICES:



For Adults



For Children



Child Guidance Clinic

# Factsheet

Year of Establishment	: 1993
Nature of Business	: Service Provider



## CONTACT US

### **NGO**

Contact Person: Archan Samarth

No. 20/A, Chandan Mansion, Opposite Portuguese Church Gokhale Road, Dadar West  
Navi Mumbai - 400028, Maharashtra, India



+91-8048250166



<https://www.indiamart.com/aavishkar-centre/>