

Flax Seeds Online

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Is flaxseed the new wonder food? Preliminary studies show that it may help fight heart disease, diabetes and breast cancer.



About Us

Is flaxseed the new wonder food? Preliminary studies show that it may help fight heart disease, diabetes and breast cancer.

Although flaxseed contains all sorts of healthy components, it owes its primary healthy reputation to three of them: Omega-3 essential fatty acids, "good" fats that have been shown to have heart-healthy effects. Each tablespoon of ground flaxseed contains about 1.8 grams of plant omega-3s. Lignans, which have both plant estrogen and antioxidant qualities. Flaxseed contains 75 to 800 times more lignans than other plant foods. Fiber. Flaxseed contains both the soluble and insoluble types. Intrigued by the power of Flax seeds? Search what you are looking for, quotations, information, products. Try Us!!

For more information, please visit

<https://www.indiamart.com/flax-seeds-online/aboutus.html>



OTHER PRODUCTS



Flax Seeds



Sesame Seeds White



Sunflower Seeds



Sesame Seeds Black

Factsheet

Nature of Business

:Service Provider



CONTACT US

Flax Seeds Online

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