



Jones GYM

<https://www.indiamart.com/power-fitness-andspa/>

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Power Fitness and Spa is the la



About Us

Power Health Club, established in 1995, is capital city's First Modern Health Club. It was Power who proved that individuals of all age groups can do exercise and attain fitness. Power Fitness and Spa is the latest venture of Power Health Club for both Ladies & Gents. It is the biggest fitness centre in South India. Power Fitness and Spa is started with giving importance to imported equipments and complete facilities in hygienic environments. Proper guidance and care are our other specialities. Power Fitness and Spa has already become a popular addition to the capital city at Vellayambalam within a short span of time. Individuals striving for a Healthy Lifestyle often get backtracked by the lack of right companion to guide them to it. Whatever your motivations are, be it to have more energy to keep up with your kids after a long day at work or simply to look better, we guarantee the results you want and will work with you to achieve them. Our experienced and professional personal Trainers together with state of the art equipments and facilities can motivate you, add variety and more fun to your routine to make your experience the most enjoyable.

For more information, please visit

<https://www.indiamart.com/power-fitness-andspa/aboutus.html>



HEALTH CARE SERVICES



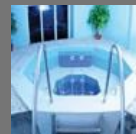
Body Fitness And Body Building



Cardio Vascular Exercise



Body Toning



Jacuzzi

HEALTH CARE EQUIPMENTS



Weight Loss-Gain Programme



Segmental Body Composition Analyzer



Spin Bike Exercise

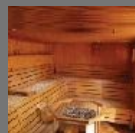


Swiss And Medicine Ball Exercise

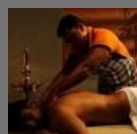
OTHER SERVICES:



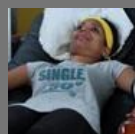
Juice Parlour



Sauna Bath



Oil Massage



Chair Massage

Factsheet

Year of Establishment : 1995

Nature of Business : Service Provider



CONTACT US

Jones GYM

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