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# Sampurna Swasthya Lifestyle Centre

<https://www.indiamart.com/sampurna-swasthya-lifestyle/>

**Dr. Amit Rathi** - a wellness guide and a lifestyle trainer of present era, with the expertise in the field of Holistic Health through Integrated Approach of Yoga Therapy (IAYT) and Ayurveda. His mastery to simplify the complexity of ...



## About Us

**Dr. Amit Rathi** - a wellness guide and a lifestyle trainer of present era, with the expertise in the field of Holistic Health through Integrated Approach of Yoga Therapy (IAYT) and Ayurveda. His mastery to simplify the complexity of health problems and to provide simple but powerful solutions has attracted thousands of health seekers throughout India towards his workshops. After completion of his Doctor of Medicine (MD) in Yoga and Rehabilitation from a world class "Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA University) Bangalore", he has adopted the mission of preventing India to become 'Diabetes capital of the world', under the guidance of Dr. H R Nagendra (the yoga guru of Prime Minister, Shri Narendra Modi) and Dr. Nagaratna. He has trained hundreds of yoga teachers for delivering yoga therapy. He had successfully played the role of the National Coordinator for three years to take "Stop Diabetes Movement" at national platform. He is the president of "Healthy Lifestyle Foundation" which works for the mission of "Creating Healthy Society". He is the mentor for "Holistic Yoga Pvt. Ltd" which promotes real essence of yoga therapy. He noticed that there are many wrong beliefs incorporated in the mind of health seekers which need to be changed from the root, for which "Health Education" is must! For this, he designed health seminars and workshops for corporate, schools and businessmen...

**For more information, please visit**

<https://www.indiamart.com/sampurna-swasthya-lifestyle/aboutus.html>



## OTHER SERVICES



Student Holistic Health Yoga  
Treatment Services



Therapy Holistic Health Yoga



Women Holistic Health Yoga  
Treatment Services



Children Holistic Health Yoga  
Treatment Services

# Factsheet

Nature of Business

:Service Provider

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## CONTACT US

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