

Stress Management Consulting

<https://www.indiamart.com/stress-management-consulting/>

Welcome To My Site Stress Management Consulting by Vrushali Raut Located At Kothrud, Pune, Maharashtra Stress Management consulting and life style modifications for achieving work-life balance



About Us

Welcome To My Site Stress Management Consulting by Vrushali Raut Located At Kothrud, Pune, Maharashtra Stress Management consulting and life style modifications for achieving work-life balance(Physical & Mental Health, Diet) Stress Management consulting based on Emotional Competence. Lifestyle Modification Counseling for achieving work-life balance(Physical & mental health, diet), counseling for Internet Addiction, Career guidance, Counseling for IT professionals to combat work-stress. Corporate Wellness Programs for IT Companies. Dance Therapy for stress management. Psychometric Assessment for students & Professionals.

For more information, please visit

<https://www.indiamart.com/stress-management-consulting/aboutus.html>



OTHER SERVICES



Psychometric Assessment



Internet Addiction



Career Guidance



Corporate Counseling

Factsheet

Nature of Business

:Service Provider



CONTACT US

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